

Double Dragon International Reiki School



Short description for the

Self Applied Universal Reiki Attunement



Description written by
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Foreword:

This one I received from José Marinho dos Santos from Brazil, who have tried it out with a good result. I have done that too. The title was originally "Self Applied Usui Reiki Attunement". I have tried that out as well. It is NOT Usui Reiki, but a form of Universal Reiki like the first Reiki's Ole Gabrielsen channelled.

It is also meant to be used instead of a traditional Reiki attunement, which I shall not recommend as well. But it is really good as a kind of "booster" for enhancing the Reiki energy to a broader spectrum.

Dr. Jason Storm was the founder of the Taokan Temple, who also made Taokan Reiki™, Taokan Karuna™ and Taokan Seichim™. All free of pay systems. Most websites has disappeared, but José and I shall share this one with you.

With love & light

José Marinho & Jens Søbørg

Multidimensional healing teachers

Read at a comfortable pace and aloud if you like

Begin by seating yourself comfortably with feet flat on the floor, spine comfortably straight and head upright. You can even do this while reading these words. In just a moment I am going to help you open a direct channel to the Reiki Source and provide a portal for you to connect with this energy and become attuned to it so that you may be a Reiki Channel, because you already have the vast potential of Reiki Energy within you just waiting for you to access it. As you sit breathing comfortably, reading these words and continuing to relax, you may begin to wonder, REALLY wonder, how powerful this attunement is going to be for you, and how much more open you already are to Reiki just because you've begun reading this. As you just keep breathing, reading along at a comfortable pace, I'm going to tell you about one very powerful way to connect to the energy of Reiki which you are made of. The key to receiving this attunement is simply this. Say the following to the Universe. "I intend to receive this SAURA attunement in the best, most powerful way appropriate for me, for the greatest good of all concerned and with harm to none." And now take another nice, deep, comfortably cleansing breath and allow yourself to simply settle comfortably into your chair. And as you continue reading this, you might not be aware of the colors of the page it is written on, or the sounds in the room, or the feeling of the air, or the growing sense of comfort you are now developing nicely. As you follow along with the words, I wonder if you can be aware of the feeling of your own breathing, the things present in your peripheral vision, the sound of your heartbeat, the taste in your mouth, the need to swallow, and the sensation of ease spreading throughout your body.



Have you ever been on a long car trip? Can you remember the last time you were driving or riding along on a loooooooooooooong trip over the open road, the monotonous hum of the engine, the sense-numbing roar of the tires on the highway, the passing scenery impossible to focus on, the overpowering boredom of just sitting still passing time, watching the world go by as if it really were just a dream anyway? As you take another comfortably relaxing breath, would you be able to remember that feeling, that sort of "automatic pilot" that takes over on such long trips? That's right, just simply *feel it* for a moment. And whenever you're ready, we'll now move on to opening you completely to the gentle flow of Reiki.

It's not important for you to see this clearly yet, as Reiki already knows what to do for you. If I were to tell you that you are just like a beautiful flower growing on the banks of a river beside a giant, breathtaking waterfall, would you be able understand how this is true? That flower is just like your physical body, your lower self, and that waterfall is just like Reiki and your higher self. As you sit there so deeply focused, being this delicate flower beside the waterfall, I wonder if you can feel the mist of the waterfall as it gently bathes you with coolness. How delightfully content and serene must this little flower be, to have all that wonderful, nourishing, cool mist of water feeding and nurturing it all day, every day. Now imagine that cool, relaxing waterfall is made of the purest, most radiant, golden light you have ever dreamed of.



When you understand how this flower is you – you might just begin to feel the power of the light beginning to reach to and through every part of your being. Now, as you take yet another deeply liberating breath, allow yourself to stand in that waterfall of shimmering golden light, and REALLY begin to soak it in. Can you feel it as it penetrates through the crown of your head? As it spreads downward, filling your skull and neck, shining, healing, growing, soothing its way down into your chest, you may begin to feel a very intense sensation that is now growing more and more strong and pleasant. This is Reiki and you are doing wonderfully. As the liberating light continues to spread down into your body, growing stronger and clearer, focusing your mind to laser-like calmness, I don't know if you will allow yourself to draw more and more light with every breath you take, or if it will automatically find the perfect way to do this for you. And as the light reaches down into your legs, easing the tension away, penetrating into every cell, every molecule, every atom that IS YOU, it's not important for you to simply sit and enjoy the growing sense of profound release and expansion that has begun. And now, with one more big, filling breath, feel the light reach all the way down to your feet and then keep going, growing roots of light right down into the very heart of the Earth.



You have become a channel for this waterfall of light, and isn't it wonderful to feel the way it fills you from top to bottom, bathing you, cleansing you, from the inside out, washing all the darkness and tension right out through the bottoms of your feet, deep into the Earth where it can be transformed for better use. And now this beautiful flower, standing in the waterfall of light, glowing contentedly, feeling deliciously calm and alive, notices a radiant being nearby. This beautiful soul shines so brightly that the power of the waterfall seems to be so greatly amplified by her simple presence. Knowing that this angel, this healing guide, is here to help, the little flower simply smiles contentedly and says "Thank you, I am ready."

Taking another breath, remaining comfortably settled, the flower sees the angel reach out her hand. Straightening a bit to receive her gift, the flower knows this is the time it has waited for all of its life. In the blink of an eye, a brilliant bolt of white light emanates from the angel's hand, and is absorbed directly into the flower's heart, hands, and feet. As if experiencing the very soul of bliss, the flower grows so calm and filled with joyful radiance as it feels fresh new flowers opening, blooming, in the places angel's light has touched. Without wondering why, the light of the waterfall combined with the light of the angel increases its power threefold as the angel is about to say one delightfully simple word. The flower didn't know what the word would be, but it knew, really knew, this was to be the most profound moment it has ever known.

The flower remembered all of the blessings it has had, a cool soothing waterfall for its neighbor, the kindly river to wash away its anger, the exhilarating air to ease its worry, and the flower decided to remember, "Just for today" it said. "I will keep all of these things with me." And smiled broadly, radiantly beaming, feeling all the joy of the light of the waterfall and the gift of the angel. And then, as the angel was about to speak, the flower felt its roots growing stronger and reaching deeper down into the blessed Earth which was its home. The flower breathed again, and as it did, something odd happened. The healing flower grew so deeply calm, so intensely relaxed, that it was pleasantly surprised to notice how easy it is to just be like this EVERY SINGLE DAY.



The flower knew that it could come back to this state instantly and effortlessly and was joyfully surprised when it understood that the word the angel was about to speak would be as a magic word to recall this moment of joy that she would *remember* to say anytime she wanted to return to this time and place. Almost

overwhelmed with the joy of radiance, the flower simply rested. And as the angel spoke, the flower felt the energy beginning to grow, to triple. The one word, the single key to the flower's perfect sense of delight, passed to her consciousness as if she had always known it.



The word the angel spoke was ***"Infinite"***. As if a thunderbolt of energy had exploded throughout the Universe, the flower felt all the power that was, is, and ever shall be *explode through its soul* tripling the energy it was already brimming with. The flower was so impacted by this bolt of healing transformation that it couldn't feel its body anymore. Simply existing as if it were one with the consciousness of the Universe, the flower understood the importance of the Angel's Gift. It was so very lovely to just sit and bask in the glow of joy and she didn't want it to end. And as she gently regained her awareness and looked around her, she saw that the Angel had vanished.

The world around her looked so very different and she didn't know why. Things were clearer, her senses were sharpened, and she was simply joyful. And as she looked down into the water beneath her, which had grown so calm and still, she was overjoyed at what she saw. There, in the reflection in the water, the flower learned where the angel had gone. For when she looked down into her own reflection, overjoyed with the new realization she had made, she humbly wept. She saw the face of the angel.

Brightest blessings to you, in love, light, and peace always,

Namaste!

